

SPRING TERM 2024

Young
St Michael's
ACTIVITIES FOR 0-18YR OLDS



Free activities for children and teenagers; this term we're learning about our brains and nervous system, exploring different biomes and building a bug temple...

SUNDAY 7 JANUARY EPIPHANY – FAMILY SERVICE

10.00 Family service with a sermon for all ages

SUNDAY 14 JANUARY EPIPHANY TWO

Youth Church 9.30 Understanding our thoughts feelings and actions

Children's Church 10.00 Games involving 'following'

Crèche 10.00 Exploring the world – Arctic and Antarctica

SUNDAY 21 JANUARY EPIPHANY THREE

Youth Church 9.30 Owls and watchdogs, our 'Flight or Fight' behaviours

Children's Church 10.00 Games involving 'fishing'

Crèche 10.00 Exploring the world
- Rainforest

SUNDAY 28 JANUARY CANDLEMAS WITH CHORISTERS

Choristers 9.00 Rehearsal

Youth Church 9.30 Owls and guinea pigs
– our 'freeze' and anxiety behaviours

Children's Church 10.00 Making Christingles

Crèche 10.00 Exploring the world
- Savannah



CONFIRMATION



SUNDAY 4 FEBRUARY

Youth Church 9.30

Strategies to calm and regulate our 'watchdog' behaviours

Children's Church 10.00

Making prayer beads

Crèche 10.00

Seeing our community in the world

SUNDAY 11 FEBRUARY HALF TERM

SUNDAY 18 FEBRUARY HALF TERM

SUNDAY 25 FEBRUARY LENT TWO

Youth Church 9.30

Why we may know how, but might not do – understanding stress

Children's Church 10.00

Transfiguration - butterflies

Crèche 10.00

The joys of Spring – buds and blossom

SUNDAY 3 MARCH LENT THREE

Youth Church 9.30

Self-compassion – recognising and forgiving negative thoughts, feelings and actions

Children's Church 10.00

Building a 'Bug Temple'

Crèche 10.00

The joys of Spring - daffodils

During Lent we will be making a 'Bug Temple' in the church garden



FREE COFFEE AND JUICE!

SATURDAY 9 MARCH

10.30 IN THE VESTRY

Come and help make 200
bouquets for Mothering Sunday



SUNDAY 10 MARCH MOTHERING SUNDAY

Choristers 9.00 Rehearsal for singing at the family service

10.00 Family service with sermon for all ages

SUNDAY 17 MARCH LENT FIVE

Youth Church 9.30 Strategies to grow a houseplant,
and one's own 'Owl Brain'

Children's Church 10.00 Germinating seeds

Crèche 10.00 The joys of Spring – beavers and birds

SUNDAY 24 MARCH PALM SUNDAY

Youth Church 9.30 Summing up – inside, outside and in-between

Children's Church 10.00 Palm crosses and branches

Crèche 10.00 The joys of Spring – eggs and chickens



GOOD FRIDAY

FRIDAY 29 MARCH

12 NOON

A service for all ages re-enacting
the events of Good Friday,
followed by hot cross buns

EASTER DAY

SUNDAY 31 MARCH

10.00

Family Service
with egg rolling



GROUPS



SUNDAYS DURING TERM-TIME

9.30 *Youth Church (11+)*
UPSTAIRS IN THE HALL Games, refreshments and an interactive session with Bespoke, Emotional, Social Teaching (BEST) best4learning.co.uk/teens

10.00 *Children's Church (4 - 11)*
START AT THE FRONT OF CHURCH Exploring the reading for the day through activities, crafts and a presentation in church at the end of the service

10.00 *Crèche (0 - 4)*
DOWNSTAIRS IN THE HALL Exploring the themes of the Church's year through nature, play, crafts and songs.

TUESDAYS DURING TERM-TIME

6.00 - 7.00 *Choristers (7+)*
IN CHURCH Learn how to sing choral music, work towards RSCM medals and perform in church

WEDNESDAYS DURING TERM-TIME

10 - 11.30 *Little Angels (0 - 4)*
IN SIDE CHAPEL Singing, activities and an opportunity for parents and carers to meet one another, refreshments provided
£3.00 TO COVER COSTS

For more information or to sign up for regular updates contact miriamjoymorris@gmail.com